



Clay County Smart Start / Local Interagency Coordinating Council Team Meeting Minutes
 Date: 10/3/24
 Minutes completed by Jody Miller

Welcome and Introductions

Terri Hager (Schools); Hannah Miller (Communities for Students); Syvella Symonds (Maximus); Monica Matthews (PAT); Lorrie Ross (Mtn Projects); Cecilia Estremera (Vaya); Patti Leach (RAPC / PAT); Sarah Clark (Mountain Projects); Toineeta Saunooke-Leonard (BCBS); Lisa Burch (Schools); Chrystal Mimbs (Catholic Charities); and Jody Miller (RAPC)

Presentations

Monica and Patti provided an update on the Parents as Teachers program. The program is currently serving 19 families / 23 children. Have opening slots for 11 more families. There were 7 group connections held with one being at the Splash Pad and another doing a apple tasting. An upcoming group connection is a fall sensory activity. Monica and Patti shared some quotes provided by families being served.

Lorri provided a few resilience tips. One being present as we eat and drink. Savoring the sensation of the food or drink as it enters the mouth as it is swallowed. The second one was to limit media consumption about the disaster or any time there is bad news. Suggested is you normally watch / listen for 5 hours to cut it in half to 2.5 hours which may still be too much. And the last tip was to not increase any normal means of coping to calm down or not to start using a new substance.

Upcoming Presentations

November—FNS Benefits—qualifying and applying for
 December—Vaya Health
 January—No meeting
 February—Open
 March—Parents as Teachers
 April—Open
 May—Open
 June—planning for next fiscal year

Smart Start Strategic Plan

The team is focusing on Children in households that are food insecure: 13.4% in 2021. It is showing a decrease from 20.6% in 2019. There was concern that this may not be an accurate number as there were a lot of food resources available during COVID.

The second data point the team wants to impact on Drug and medicine overdose rate as shown on the 2023 Roadmap of Need County Profile being 71.06%. It was mentioned that this can relate back to the food insecurity.

LICC Strategic Plan

Promote child find through events

Activities to Achieve Strategies	<p>Educate families at events the team organizes (children’s fair and cookies with Santa events) on foodbanks, income guidelines for eligibility, having the HOP coordinator at the events, and list of foodbanks.</p> <p>Educate on medicine by providing information on disposal, storage and use at events along with lock boxes and disposal kits.</p> <p>Partner with Catholic Charities to organize a drive thru food distribution / resource fair (possibly at First Free Will Church) in spring of 2025.</p> <p>Organize children’s fair and cookies with Santa.</p>
General Team Goals	<p>Desired outputs for 2023 - 2024: Number of meetings/times review goals: 8 (3); Number of events: 2 (1); Number of team member / community presentations: 6 (6)</p>
Old / New Business	<p>Cherokee/Clay Roll and Read—organizing a planning team. The planning team will occur after the Smart Start / LICC team meeting for Cherokee County. The first planning team meeting will occur on November 6, 2024 at 2 pm. If interested in being on the planning team, join either in person or virtually (using the same link as the team meeting).</p> <p>Cecilia is looking for recipes to put together a recipe booklet helping families use items that they may get in a food box. Simple recipes such as what you can do with fresh beets or a can of beans. Also, any low cost / low effort recipes and kid’s recipes. Please send to Cecilia at Cecilia.Estremera@vayahealth.com.</p>
Planned Community Events	<p>Children’s Fair—November 2, 2024 Cookies with Santa—December 12, 2024</p>
What worked, what should we do differently, and when do we meet again	<p>Our next meeting is scheduled for November 7, 2024.</p>